

**Niraamaya Retreats
launches *A Taste of Kerala*,
a unique recipe book**

Niraamaya Retreats, the luxury wellness and leisure destination launched *A Taste of Kerala*, a unique recipe book featuring traditional dishes from the state. The recipe book was launched at the Relais & Châteaux Indian Subcontinent Delegation meeting held at Niraamaya Retreats Surya Samudra, Kovalam. Established in France in 1954, Relais & Châteaux is an exclusive collection of the world's finest hotels and gourmet restaurants, a family of Hoteliers and Grand Chefs. The book was released by Arnaud Wielgus Global Director, Relais & Châteaux in the presence of Cristina Tang, Director - Asia, Relais & Châteaux and Joerg Dreschel, Chairman of the Asian chapter at Relais & Châteaux and the



other members of the Indian Subcontinent Delegation. Niraamaya Retreats has attempted to capture and showcase timeless regional tastes that have been passed down through many generations in the form of *A Taste of Kerala* for the global audience.

This glossy production is an amalgamation of authentic recipes from the kitchens of Niraamaya Retreats, and presents some of the native flavours of the region with articulate, easy to follow content and stunning visuals.